

# **TREETOPS HERBAL AND AROMATHERAPY REMEDIES FOR COMPANION ANIMALS AND HORSES COURSE**

## *Itinerary*

### **Lesson 1 –**

- History of herbology (power points and pictures)
- Essentials – honey
- Telling the difference between good quality and poor quality herbs (video demo)
- Telling the difference between manufacturers of good quality vs. poor quality herbs (video demo)
- How to grow your own herbs – container gardening (pictures)
- How to dry herbs effectively (video demo and power points)

### **Lesson 2 –**

- Determining the best form of a herb to use for the following concoctions: (video demo)
  - Tea
  - Decoction
  - Salve
  - Poultice
- Preparing herbs using a Mortar and Pestle (video demo)
- Preparing the following concoctions: (video demo)
  - Tea
  - Decoction
  - Poultice
- Storing using appropriate containers and locations (video demo)
- Power point summary of all of above

### **Lesson 3 –**

- History of Aromatherapy (power points)
- Cautions and contraindications (power points)
- Accommodating special needs (power points and video demo)
- Telling the difference between good quality and poor quality oils (video demo and power points)
- Telling the difference between manufacturers of good quality and poor quality oils (video demo and power points)
- Carrier oils (video demo)
- Preparing remedies by effectively blending oils (video demo)
- Various forms to deliver remedies (video demo)
- Storage of oil concoctions
- Power point summary of all of the above